

Ryan E. Abernethy

Senior Attorney



Sacramento

916.558.6057

916.446.1611

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EXPERIENCE

Ryan Abernethy is a senior attorney in the Firm's Labor & Employment and Litigation practice groups.

Ryan has successfully represented clients in all areas of employment law, including the defense of claims involving workplace discrimination, harassment, retaliation, wrongful termination, wage and hour issues, trade secrets infringements, and class actions. He also regularly counsels clients regarding compliance, risk management, policy preparation, and training.

In addition to his employment law practice, Ryan has successfully litigated business, consumer, insurance, contractual, and personal injury disputes, among others. He has obtained defense verdicts in both state and federal courts at the trial and appellate levels. He has also obtained positive results for his clients through arbitration and administrative proceedings. He has negotiated many favorable settlements for his clients.

Before joining the Firm, Ryan was the senior associate in a Sacramento-based civil defense firm. He also practiced in the Labor & Employment department of a global employment-focused firm in San Francisco. Ryan received a Bachelor of Arts with Highest Honors from Arizona State University and his Juris Doctor from the University of California Hastings College of the Law. He is admitted to practice before all California courts, the United States Court of Appeals for the Ninth Circuit, all U.S. District Courts, and the United States Supreme Court.

PRACTICE AREAS

Civil Appeals & Writs
Disability Access Litigation
Employment Counseling
Employment Litigation
Government Employment
Compliance Audits
Labor & Employment
Litigation
Trainings
Workplace Investigations

BAR ADMISSIONS

California

COURT ADMISSIONS

U.S. District Court Eastern
District of California
U.S. District Court Northern
District of California
U.S. District Court Southern
District of California
U.S. District Court Central
District of California
U.S. Court of Appeals, Ninth
Circuit
United States Supreme Court

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EDUCATION

J.D., University of California,
Hastings College of the Law,
San Francisco, 2009

B.A., *summa cum
laude*, Arizona State
University, 2006

AFFILIATIONS & AWARDS

Stanford Settlement Board of Directors
Vice President

State Bar of California, Labor & Employment Section
Member

Sacramento County Bar Association, Labor & Employment Law Section
Member

J. Reuben Clark Law Society
Member

CCHAT
Advisory Board Member

Sacramento Metro Chamber of Commerce, Leadership Sacramento Class of
2019

Awards

Northern California *Super Lawyers*, Rising Star, 2017 – 2021

Sacramento Magazine's Top Lawyers List, 2021, 2022 – Labor and
Employment

San Francisco Magazine's Top Lawyers List, 2017 – Labor and Employment